



August Newsletter

Volume 1 | Issue 1 | ETHOS – Spirit of the Community

Announcement

ETHOS are very excited to launch our new monthly newsletter. The newsletter will include news about our team, information and stories from Sapa, updates about our ongoing projects and much, much more.

Inside This Issue

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Read the Story of the Month about little Chu who is currently staying with us in our community centre and get inspired by the newly launched Project Sapa.

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Read about our Health and Hygiene Seminar in Y Linh Ho Village and our successful community-clean up.



ETHOS

Spirit of the Community

Project Sapa

Plastic pollution is a global problem and annually the plastic tide in the ocean is growing by 8 million metric tons. Plastic takes hundreds of years to break down, which means that most plastic ever produced is still in existence, most of it in the world's rivers, oceans and nature. The issue of how best to deal with single-use plastic and appropriate disposal has become a hot topic lately, and that is why our organization has decided to start Project Sapa. We all have a tremendous responsibility to not mess this planet up, so with aims to organise regular clean ups, support with education, reforestation and improve awareness for both travellers and locals, we hope to preserve and enhance the natural beautiful of the Sapa area. Project Sapa is led by collection of local businesses and community leaders and the goal is to preserve a place we love. Let all make a collective effort to reduce our plastic footprints on the planet.

Want more information about Project Sapa? Please visit Project Sapa's Facebook page: <http://www.facebook.com/projectsapa/> or follow us on our instagram account: project.sapa



“Water and air, the two fluids on which all life depends, have become global rubbish bins.”



Story of the Month

At the moment little Chu is staying with us. Months ago, Chu noticed pains in her leg and was taken to a local doctor who told her to take some pills and go back home. The symptoms became worse and it was found that Chu has osteomyelitis, a painful and very serious bone infection. Due to the fact that the infection was ignored and not treated timely with antibiotics, Chu had to undergo major surgery to remove the infection. Afterwards, Chu spent a month in the hospital to recover. Now, Chu is staying here in the house, so we can look after her and ensure that the wound from the operation is treated correctly and that she is regaining her strength.

If you know someone with expertise in osteomyelitis do not hesitate to contact us on: ethosadventuressapa@gmail.com, we need all the help we can get to make sure Chu is getting the right treatment.



Health and Hygiene Seminar in Y Linh Ho Village

The ETHOS team had a successful day bringing joy, happiness and new knowledge to Hmong children in Y Linh Ho Village. The workshop ties in with our long term aims to reduce transmittable diseases and prevent illnesses such as pneumonia and tooth decay. Effective rural hygiene and sanitation is a huge challenge facing many people in our region. This contributes to high infant mortality and low life expectancy.

During the Health and Hygiene Seminar the kids were taught the basics in proper personal hygiene, such as: hand washing, good dental hygiene and prevention in spread of germs.

Healthcare as a human right, means that every child, no matter where they are born, should have access to knowledge to help stay strong and healthy.

Thanks to our leadership team for leading the workshop and helping to create such a wonderful learning opportunity.

Community Clean-Up

Monday the 22nd of June Project Sapa hosted a community clean up together with leaders from ETHOS. 29 boys and girls aged 7 to 17 from Y Linh Ho Village helped us remove 12 large bags of plastic waste from rice fields and trekking trails.

If only we could all see the world through the eyes of children, we would find joy and hope in everything.



THANK YOU!

We would like to thank our guests for their generous donations this month:

Rob Nelms

Caroline Caron

Corinne, Ambre and Jack

Michele Schemmann

Regis and Isabelle

Aline Bien-Dulak

... It is because of your kindness that local children can benefit from programs like the Health and Hygiene Seminar in Y Linh Ho Village. We are very grateful for your support.



<https://www.facebook.com/ethosspirit/>



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